

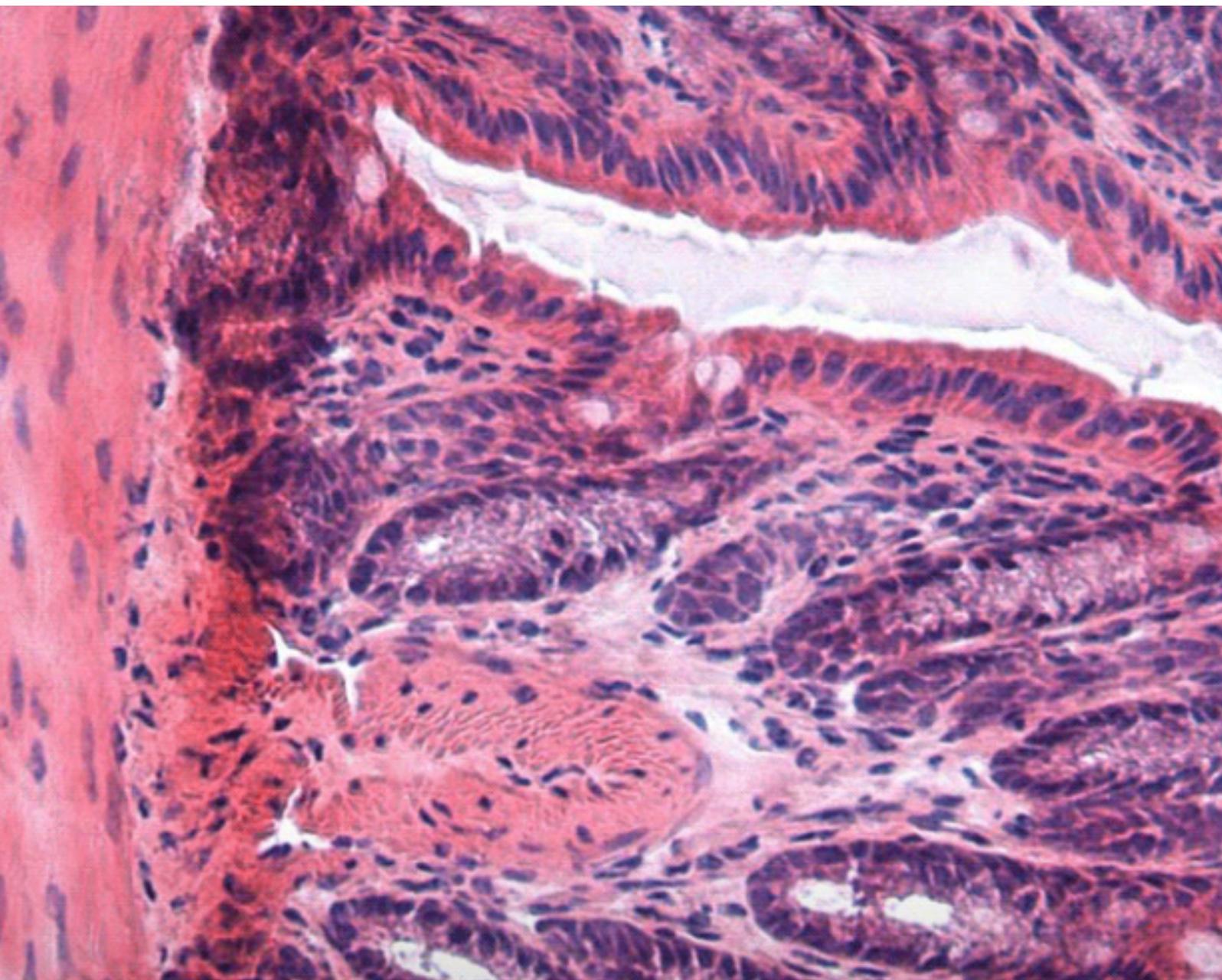
# DSS40

## A Key Reagent in Colitis Studies

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## Inflammatory Bowel Disease (IBD)

The human gastrointestinal (GI) tract is continuously exposed to a wide range of bacteria and toxins from food and the environment, making it highly susceptible to various diseases. Among these, the occurrence of inflammatory bowel disease (IBD) is growing and includes conditions such as ulcerative colitis (UC) and Crohn's disease, which are chronic inflammatory conditions driven by uncontrolled immune responses, with gut inflammation resulting from interactions between the gut microbiome and immune cells (1). Genetics, environmental conditions, and intestinal microbiota influence the development of IBD. The higher prevalence of IBD in North America and Europe compared to Asia and Africa suggests a strong link to the Western lifestyle.

UC and Crohn's disease are differentiated by their location and depth, which affect the bowel wall. Crohn's disease can impact any part of the gastrointestinal tract, from the mouth to the anus, most commonly affecting the terminal ileum. In contrast, UC is typically confined to the mucosa and submucosa of the colon, usually beginning in the rectum and extending upward along the colon. Symptoms of both types mainly include diarrhea, rectal bleeding, abdominal pain, fatigue, and weight loss; however, they may have many extraintestinal manifestations as well (2).

## Ulcerative Colitis (UC)

Ulcerative colitis (UC) is a heterogeneous disease that can be classified into two distinct types: extensive ulcerative colitis and distal proctocolitis. The pathogenesis often begins with uncontrolled T-cell responses targeting specific strains of commensal enteric bacteria. The onset or reactivation of UC is typically associated with the disruption of the mucosal barrier by environmental factors, which ultimately trigger immune responses. These responses include the infiltration of immune cells and the release of pro-inflammatory cytokines (3).

While treatment for IBD is generally not curative, the primary goal is to achieve disease remission or alleviate symptoms. For UC patients, commonly prescribed drugs work by suppressing the immune system to control inflammation (4). Unfortunately, the efficacy of these drugs is limited by adverse effects such as increased risks of infections, lymphoma, and nonmelanoma skin cancer.

Consequently, experimental studies are crucial to uncover the causes and mechanisms of IBD, potentially leading to alternative treatments or more effective drugs for UC patients. Research on animal models has provided valuable insights into disease establishment, progression, and the testing of new therapies (3).

## Induction of colitis in animal models

Experimental models have significantly improved our understanding of UC. On a more technical level, there are different ways to induce colitis in experimental models.

### 1. Chemical induction:

These chemicals disrupt the intestinal epithelial barrier, leading to inflammation and damage to the intestinal tissue. The main ones are the following:

- **Dextran sulfate sodium:** It can induce colitis by disrupting the epithelial monolayer lining of the large intestine (5).
- **Trinitrobenzene sulfonic acid (TNBS):** This hapten reagent induces colitis by causing a delayed-type hypersensitivity reaction (Th1 response) (6).
- **Oxazolone colitis:** This hapten reagent triggers a Th2-mediated immune response associated with severe mucosal damage (7).
- **Acetic acid:** This reagent directly causes colitis by damaging the colonic mucosa (8).

### 2. Bacterial induction:

These bacteria can colonize the intestines and trigger an inflammatory response, leading to the development of colitis.

- ***Salmonella typhimurium*:** This bacterium induces colitis by infecting the intestinal mucosa (9).
- ***Adherent-invasive E. coli*:** This bacterium triggers colitis by adhering to and invading the intestinal epithelial cells (10).
- ***Helicobacter hepaticus*:** This bacterium causes colitis by inducing an immune response in the intestines (11).
- ***Citrobacter rodentium*:** This bacterium induces colitis by colonizing the colonic mucosa and triggering an inflammatory response (12).

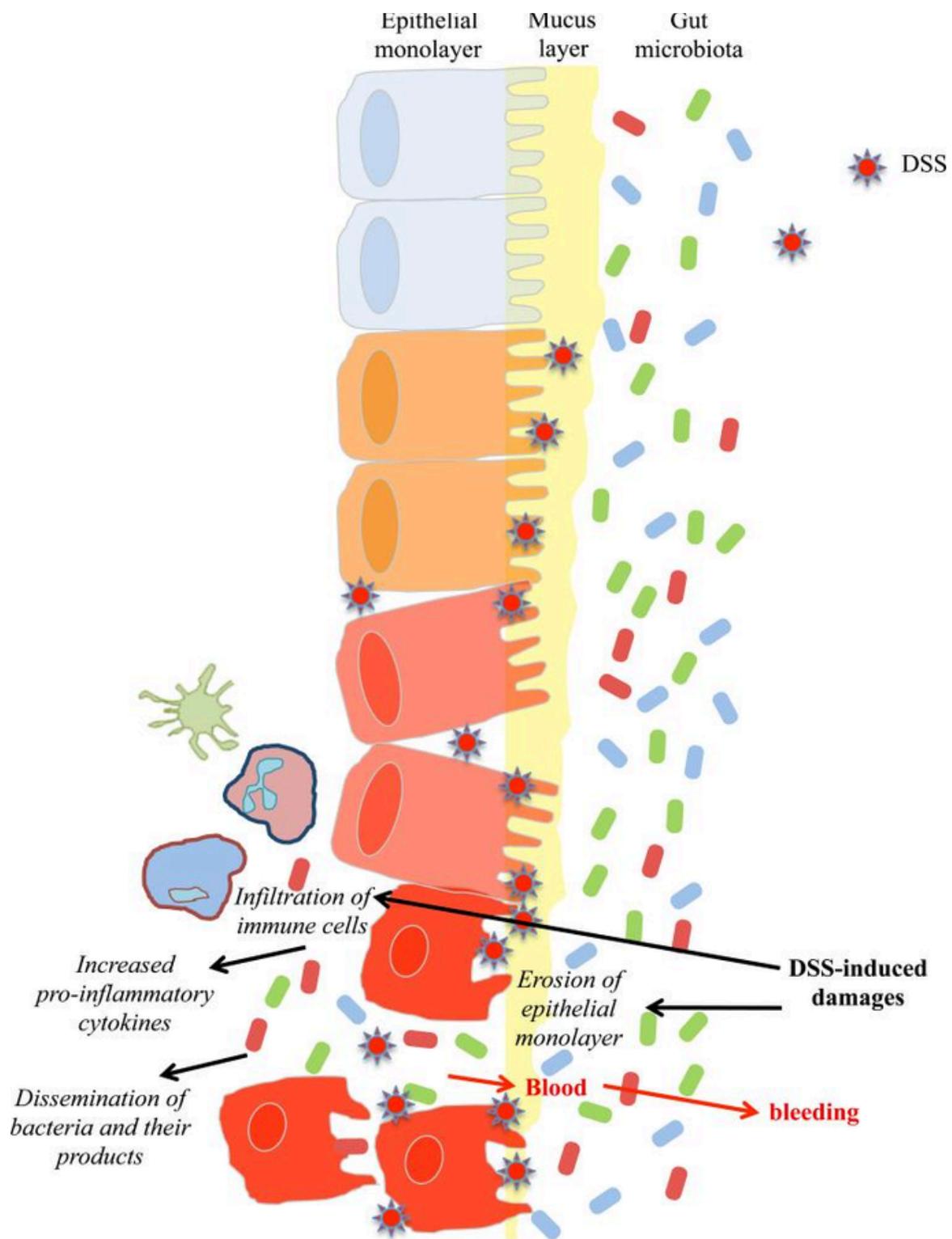
## The Dextran Sulfate Sodium compound

Dextran sulfate sodium (DSS) is a negatively charged sulfated polysaccharide with a molecular weight ranging from 5 to 2000 kDa. Known for inducing colitis, DSS is used in various animal models like mice, rats, hamsters, guinea pigs, rabbits, and chickens. Its colitogenic potential depends on its molecular weight and degree of sulfation.

The effectiveness of DSS-induced colitis depends on factors such as dosage (usually 1%–5%), duration of exposure (acute or chronic) (13), the strain of tested animals (1), gender of animals (male mice are more susceptible) (1), and microbial environment of animals (14). The negative charge of DSS can affect the colonic epithelium, consequently increasing the epithelial barrier permeability. Additionally, gut morphology, such as villous microarchitecture, crypts, and mucus production, is impaired (1).

Although the exact mechanism by which DSS triggers colitis remains unclear, it is hypothesized that this water-soluble polysaccharide disrupts the epithelial monolayer lining of the large intestine, allowing the dissemination of proinflammatory intestinal contents into underlying tissue. In other words, the gut epithelium becomes leaky, which allows for immune cells to infiltrate and release pro-inflammatory cytokines (Figure 1).

Furthermore, there is an increase in reactive oxygen species (ROS) in the cytosol, which has been shown to play a significant role in the development and progression of colitis. ROS are highly reactive molecules that can disrupt the intestinal barrier, triggering endoplasmic reticulum stress and apoptosis in intestinal cells. This mechanical change induces the penetration of harmful substances through the underlying tissue, consequently (15). Thus, DSS has become frequently used as a colitis inducer in mice, as well as other animal models, over recent years (1).



**Figure 1.** DSS mechanism of colitis induction (1)

## Advantages of DSS-Induced Colitis Models in IBD Research

DSS-induced colitis models have shown great advantages for the study of IBD and colitis aetiology. DSS stands as the most attractive in comparison with other chemical colitis inducers because of several factors:

- **Ease of administration:** DSS is typically administered in drinking water, with no need for invasive procedures like surgery, hence making the handling a lot easier than using TNBS, which needs to be administered by enteral feeding via a catheter (16).
- **Rapid induction of colitis:** Usually within 5–7 days of administration. This rapid onset allows researchers to study the early phases of colitis and the inflammatory response (1).
- **Reproducibility:** DSS-induced colitis is highly reproducible, allowing for consistent results across different experiments and laboratories when using standardized protocols (5).
- **Control over disease severity:** It can be controlled by adjusting the concentration and duration of DSS administration, allowing researchers to study different degrees of inflammation and disease progression (16).
- **Simulate acute and chronic colitis:** Depending on the concentration and duration of DSS exposure, researchers can induce either acute or chronic colitis (5).
- **Similar histopathological features to human IBD:** the symptoms and pathophysiology of DSS-induced colitis observed in experimental models closely resemble those found in humans. DSS-induced colitis in rodents exhibits similar histopathological features to human IBD, including mucosal ulceration, crypt distortion, infiltration of inflammatory cells, and epithelial damage, making it a relevant model for studying IBD pathogenesis and testing potential therapies (5).
- **Cost-effective:** relatively inexpensive compared to other methods of inducing colitis (17).

Altogether, DSS-induced colitis models stand as very attractive models due to their rapidity, simplicity, reproducibility, and controllability. It offers a time-honoured approach to studying IBD's pathogenesis in an in vivo model. Furthermore, it is a convenient way to compare the different aspects of UC by tuning the disease to its acute, chronic, or relapsing behaviour. Nevertheless, our understanding of the disease relies on the combination of various animal models (1).

## How to induce colitis with DSS

Studies on animal models, as well as clinical trials, have significantly improved our understanding of the disease and provided important insights relevant to treatment development. An ideal experimental model must exhibit all the features of human disease, including specific symptoms, and must respond to available therapies to ensure effective translation to the human setting. There are several experimental models available for the study of colitis, including spontaneous and induced models. A spontaneous animal model naturally develops a disease without external intervention, while an induced animal model involves deliberately introducing a disease through external means. Spontaneous models include, for instance, IL-10, IL-2, and TLR5-deficient mice. As it is mentioned earlier, the induction of colitis in animals is done using chemicals such as DSS, TNBS, and oxazolone (18).

Several mouse models are readily available; some are defined as spontaneous, and others are induced. As mentioned earlier, the development of colitis in the animal model will be dependent on the molecular weight, the degree of sulphation of DSS, its dosage, and the duration of administration. There are some optimal conditions for the induction of colitis regardless of the animal model chosen (18).

### Optimal conditions

The optimal conditions to induce colitis in an animal model are reached when using DSS with a molecular weight from 36 to 50 kDa. DSS with a lower molecular weight will result in milder colitis, and mice may recover from it. Nevertheless, choosing the right molecular weight is essential since larger molecules will not have the capacity to penetrate through colonic tissue, whereas smaller ones will have a poor distribution (18). Both male and female mice can develop colitis. Nevertheless, it is recommended to use 8-week-old mice with a C57BL/6J and BALB/c background due to their prevalence in previous studies.

**Table 1.** Summary of factors influencing the effectiveness of DSS in inducing colitis (adapted from Eichele DD, et al. (20))

Factors	Variables	Description
DSS	Molecular weight	36 to 50 kDa
	Concentration	1 to 5%
	Duration of administration	Different exposure cycles
	Manufacturer/batch	Different potency
Host	Model/strain	Some animals/strains are more susceptible than others
Environment	Housing conditions	Group vs individual unit Cage changes
	Microbial state	Germ-free vs specific pathogen-free vs wild-type

Younger mice are not recommended because they are more likely to have reduced consumption of water, hence reducing their exposure to DSS. Additionally, there is some evidence that males are more susceptible to colitis induction by DSS than female mice (19).

Similarly, the environment can influence the effectiveness of DSS in inducing colitis. For instance, research has shown that some enteric bacteria could play a role in clearing acute colitis. Therefore, the environment in which the animal model is housed has an influence on DSS effectiveness in inducing colitis (19). When optimal conditions are met, the disease onset usually occurs within 3 to 7 days following DSS administration. Nevertheless, this always depends on the dosage, frequency of administration, and animal strain (Table 1).

## Preparation and administration

To prepare the solution, the appropriate amount of DSS powder should be dissolved in autoclaved water. It is important to thoroughly mix the substance to obtain a clear solution. Additionally, depending on the animal model, the volumes needed may vary. For instance, mice are known to drink about 7 to 10 mL a day. Furthermore, it is essential to monitor the water uptake from your different animal groups. In fact, it was previously shown that some genetically modified mouse strains may consume more DSS water than their control group (1, 18).

## Disease severity and measurement

### A. Macroscopic evaluation: Physiological symptoms and inflammatory score

Different techniques are available to assess the severity of the disease and confirm that DSS successfully triggered colitis. The main features that first need to be monitored are body weight, colon length, spleen weight, diarrhea, and rectal bleeding.

It is possible to visualize the inflammation state in vivo, using the Coloview system. This system is a miniendoscope that enables the monitoring and grading of diseases such as colitis and colon cancer. The device can be introduced via the mouse's anus, under anesthesia, and capture images of the colon to visualise the surface of the crypts and the pit pattern architecture. In this way, it is possible to identify any colonic mucosal damage resulting from colitis onset (21) (Table 2).

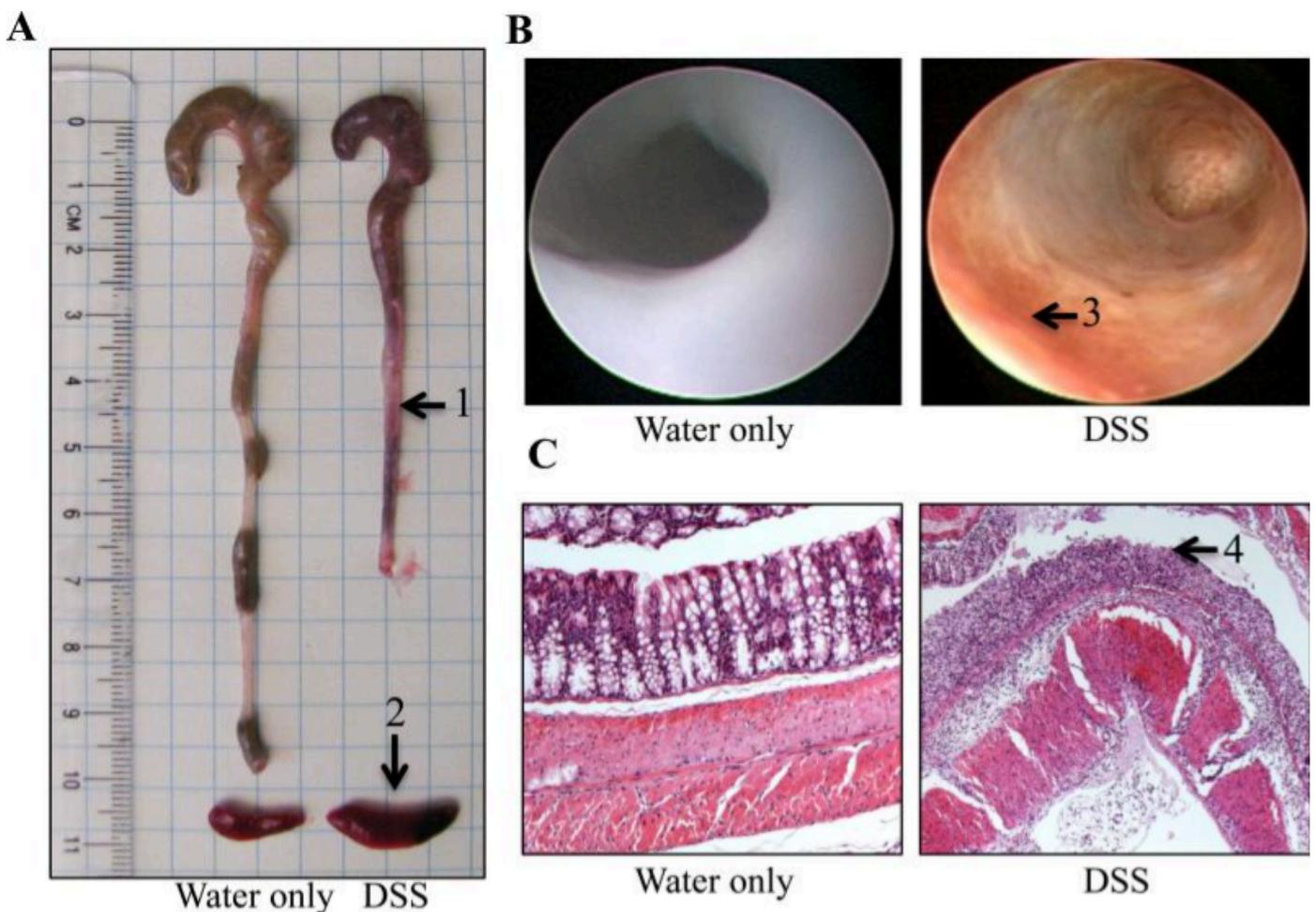
**Table 2.** Disease Activity Index (DAI) following macroscopic observations to assess colitis severity (data extracted from reference 22))

Feature	Score	Description
Weight	0	No loss
	1	5-10%
	2	10-15%
	3	15-20%
	4	20%
Feces	0	Normal
	2	Loose stool
	4	Diarrhea
Rectal bleeding	0	No blood
	2	Presence
	4	Gross blood

## B. Inflammation assessment

### a. Histology

To confirm the presence of inflammation, it is recommended to carry out some histopathological analyses of the colonic tissue. The most widely used technique is to stain paraffin-embedded samples with haematoxylin-eosin (HE). Via this staining, researchers can look at the presence of ulcerations, inflammatory cells such as lymphocytes or macrophages, and loss of the crypt epithelium. These results can then be used to assess the degree of inflammation (Table 3) (Figure 2).



**Figure 2.** Different assessments of colitis disease severity. **(A)** Measurement of colon length **(B)** Endoscopic examination **(C)** Histopathology analysis (1)

**Table 3.** Inflammation score based on H&E staining of colonic tissue sections (created with data from (23)).

Feature	Score	Description
Crypt architecture	0	Normal
	3	Severe crypt distortion with loss of entire crypts
Inflammatory cell infiltration	0	Normal
	3	Dense inflammatory infiltrate
Muscle thickening	0	Base of crypt sits on the muscularis mucosae
	3	Marked muscle thickening present
Goblet cell depletion	0	Absent
	1	Present
Crypt abscess	0	Absent
	1	Present

### b. Myeloperoxidase Activity

A complementary analysis of the inflammation can involve a myeloperoxidase (MPO) assay. MPO is an enzyme that has been shown to correlate with the number of neutrophils in histological sections. Indeed, this enzyme gets released from lysosomal azurophilic granules upon activation and stimulation of the immune system. Therefore, this assay can be used as a marker for inflammation in gut samples in murine models.

The enzyme activity can be determined through a colorimetric assay and analyzed at 460nm. Besides measuring MPO activity, levels of MPO at the mRNA and protein levels can be quantified by qPCR and ELISA. Nevertheless, it is important to note that the amount of protein does not always reflect its enzymatic activity (24).

### c. Permeability Assessment

Moreover, since DSS is known to disrupt the colonic epithelial lining, FITC-dextran (4 to 40 kDa) can be utilized to assess the barrier's permeability. To do so, FITC-dextran is administered to the animal model by oral gavage, after dissolution in PBS buffer. Blood samples can be collected, and the serum can be assessed for the presence of FITC-dextran by measuring the fluorescence intensity. The more abundant the molecule, the more permeable the intestinal barrier becomes in response to DSS40. In fact, the permeability correlates with the fluorescence intensity (25).

## C. Molecular Assessment

### a. Inflammatory cytokines

Since DSS colitis is characterized by inflammation, it is known that cytokine and chemokine production is increased as soon as DSS is administered to the animal. These increased levels of cytokines, such as IL-4, IL-6, IL-10, or IFN $\gamma$ , will further enhance the inflammation. On the other hand, other cytokine levels, especially TNF- $\alpha$  and IL-17, are decreased. Cytokine levels can be evaluated via an enzyme-linked immunosorbent assay (ELISA) (23).

### b. Detection of stool IgA

As previously described, the levels of IgA in feces samples of UC patients are increased, unlike in serum samples. Therefore, IgA concentrations can be measured by ELISA, after feces sample extraction. To do so, the feces must be homogenised in PBS and stained with FITC-conjugated anti-IgA antibodies (26).

### c. Genetic assessment

To get a deeper understanding of the colitis state, it is possible to analyse the gene expression of the MUC gene family. It was shown that MUC gene expression can be altered in UC models. This is because mucins are influenced by cytokines and bacteria. Since UC is characterized by a change in the immunological profile and bacterial factors, mucin gene expression is ultimately affected too. For instance, it was shown that MUC 1, 3, and 4 gene expressions were significantly increased during acute colitis. Therefore, these genes can serve as markers of early inflammation (27).

## Protocols

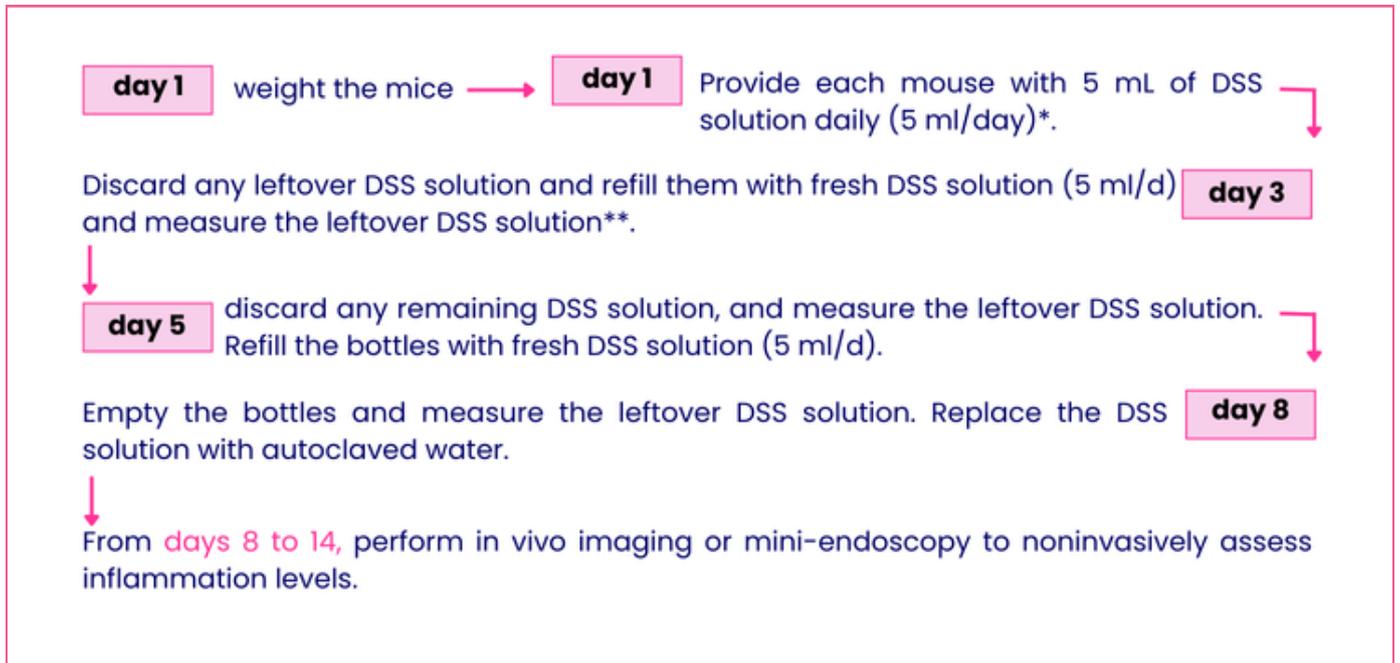
To study colitis in animal models, different protocols can be employed depending on the desired onset and duration of the disease. These protocols vary in terms of DSS concentration, duration of exposure, and the cyclic nature of administration. Below are the protocols for inducing acute and chronic colitis (28):

### A. Acute colitis

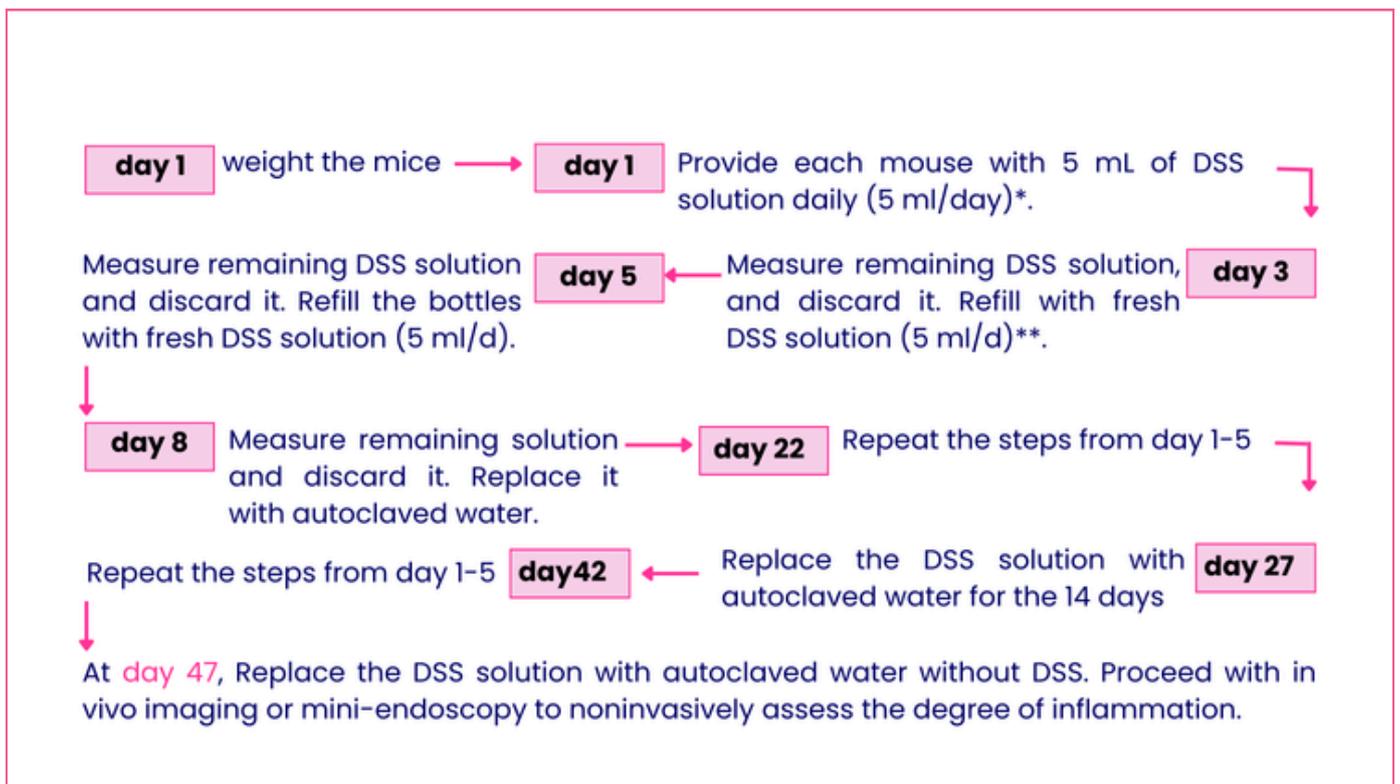
In the case of an acute onset of the disease, 5 ml of DSS solution will have to be administered daily for up to 8 days. On days 3 and 5, the DSS solution will be discarded and replaced with fresh DSS solution. It is crucial to measure the leftover DSS solution in each group's bottle, as the difference in DSS consumption can account for changes in colitis activity. This acute protocol is often characterized by a significant reduction in body weight and colon length, followed by intensified diarrhea and rectal bleeding from day 8 (Figure 3).

### B. Chronic colitis

When using 2.5% DSS, colitis with a chronic profile will be induced. Although the DSS sulphation proportion is lower, the animal will be exposed to it for a longer period of time, up to 35 days, which accounts for the chronic profile of the disease. The overall inflammation is milder, but a reduced colon length with an enlargement of the spleen is observed (Figure 4).



**Figure 3.** Protocol to induce acute colitis with DSS (28)



**Figure 4.** Protocol to induce chronic colitis with DSS (28)

\* Control mice should receive tap water without DSS

\*\* Measure the leftover DSS water in each group's bottles to ensure colitis activity changes aren't due to differences in DSS consumption. This step is crucial as genetic differences or treatments may affect DSS water intake.

## DSS40 in different animal models

When inducing colitis in an animal model, it is important to study the susceptibility of the strain since different species and strains react differently to DSS. The DSS molecular weight, sulphur content, and concentration must be adjusted accordingly (Table 4).

Several experiments have been carried out on different animals, including mice, rats, guinea pigs, hamsters, rabbits, and chickens. For instance, while mice and rats usually exhibit lesions in the colon, guinea pigs are more susceptible, and colitis develops in the cecum. If no symptoms are observed after 7 days of DSS administration, it is recommended to increase the DSS concentration. The estimated volume of water consumption for murine models is 7-10 ml per day for mice and per 100 g bodyweight for rats.

**Table 4.** Guidelines for DSS concentration and duration of administration for successful colitis induction in different experimental models.

Animal model	Strain	Sex	Age	Dosage	Days	References
Mouse	C57BL/6J	M/F	8	2 to 5 %	3 to 7 days	(1)
	DPIV <sup>-/-</sup> mice	NA	6 to 7 weeks	2%	6 days	(29)
	APN KO	M	8 to 10	2.5%	7 days	(30)
	BALB/c	F	6 to 9	3 to 10%	7 days	(31, 32)

Animal model	Strain	Sex	Age	Dosage	Days	Ref.
Mouse	BALB/c	M/F	8	3 to 5 %	4 to 7 days	(1)
	BALB/c	M	7	1%	10 days	(33)
	BALB/c A Jcl	M	6	5%	8 days	(34)
	BALB/c Cr Slc	F	6 to 7	5%	7 days	(35)
	C.B17 SCID	F	7 to 8	5%	8 days	(36)
	C3H/HeJ	F	6 to 8	5%	7 days	(36)
	C57/B6	F	8	2%	7 days	(37)
	C57BL/6	M	8	3-5%	3 to 14 days	(38, 39)
	C57BL/6	F	7 to 12	3%	5 days	(40)
	C57BL/6 AhR null	M	3 months	3.5%	7 days	(41)
	C57BL/6J	M	8 to 10	3 to 5%	7 days	(42)

Animal model	Strain	Sex	Age	Dosage	Days	Ref.
Mouse	C57BL/6J	F	6 to 8	3%	5 days	(43)
	CBA/J	F	8 to 9	3-10%	7 days	(31, 44)
	CCR9(-/-); CCL25 (-/-)	NA	NA	2%	7 days	(45)
	IL-5 -/-	NA	NA	2.5-5%	8 days	(46)
	Nrf2 -/-	NA	9 to 12	1%	7 days	(47)
	Swiss albino	M	28-30g	5%	7 days	(48)
	Swiss- Webster	F	8	5%	5 to 7 days	(49)

Animal model	Strain	Sex	Age	Dosage	Days	Ref.
Rat	ACI	M	5 weeks	5 to 10%	14 days	(50)
	Sprague- Dawley	M	220-280g	2-5%	5-14 days	(51-57)

<b>Animal model</b>	<b>Strain</b>	<b>Sex</b>	<b>Age</b>	<b>Dosage</b>	<b>Days</b>	<b>Ref.</b>
Rat	Wistar	M	100-120g	1-2%	2 weeks to 6 months	(58, 59)
	Wistar	M/F	80-100g	3-5%	6-10 days	(60, 61, 63)
	Wistar	F	175-225g	3-5%	10 days	(62)
Hamster	Syrian	M	8-9 weeks	1%	100 days	(64)
	Syrian	M	6-8 weeks	2-5%	6 days	(65)
Rabbit	Himalayan	F	1.9-2.1 kg	0.1	NA	(66)
	New Zealand	F	1.9-2.1 kg	0.1	NA	(67)
Chicken	Chinese yellow broiler	M	NA	0.75-2.5%	NA	(68)
Pig	Yorkshire	NA	7 days	1.25g/kg	5	(69)

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